



Dear Parents/Guardians,

As part of a required school health examination, a student is weighed, and his/her height is measured. These numbers are used to figure out the student's body mass index or 'BMI'. The BMI helps the doctor or nurse know if the student's weight is in a healthy range or is too high or too low. Recent changes to the New York State Education Law require that BMI and weight status group be included as part of the student's school health examination. A sample of school districts are selected to take part in a survey by the New York State Department of Health. Utica City School District has been selected for the 2021-2022 school year. New York State requires information collected on students who were in grades, PreK, K, 1,3, 5,7,9 and 11 during the 2020-2021 school year, to be reported to New York State Department of Health information about our students' weight status groups. **Only summary information is sent. No names and no information about individual students are sent. However, you may choose to have your child's information excluded from this survey report.**

The information sent to the New York State Department of Health will help health officials develop programs that make it easier for children to be healthier.

If you **do not** wish to have your child's weight status group information included as part of the Health Department's survey this year, please print and sign your name below and return this form to your child's school nurse.

Please **do not include** my child's weight status information in the **2021-2022** School Survey.

\_\_\_\_\_  
Print Child's Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Print Parent/Guardian Name

\_\_\_\_\_  
Parent/Guardian Signature

\_\_\_\_\_  
School